

CRITICIZING CRITICS NO MORE

SHAPIRO HANGS UP HIS TUMBLR FOR A NOVEL. PAGE 08

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BOSTON Tuesday, July 29, 2014 www.metro.us | t: MetroBOS | f: MetroBoston



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Tornado clocks in at 120 mph

Weather. Suffolk County's first twister since 1950 cut a 2-mile swath through Revere, causing extensive damage along the way. Flipped cars, roofless buildings and downed power lines are among the devastation that is still being assessed by officials. PAGE 02



A car owner surveys the damage after the Brothers Auto Body roof was ripped off by an F-2 tornado and severely damaged his vehicle. / NICOLAUS CZARNECKI, METRO

Man charged in NH teen's kidnapping

PAGE 03

Stocks don't have to be terrifying

PAGE 06

Special effects guys 'Face Off' to win big

PAGE 09

Glasgow gets rid of gangs, brings in arts

PAGE 10



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NEWS

Today's tweet

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- in the T station
about sums up my
day. #yayforthicksoles
#redline #mbta
#boston"

@killrdownfish should start wearing
hiking boots on the T.



A blown-out bus shelter, a crushed car encased in fallen debris and uprooted trees were among the damage in Revere following a tornado on Monday morning. / NICOLAUS CZARNECKI, METRO

Rare tornado turns city of Revere upside down

Suffolk County. A distraught mother tells us, "This is the time that you think about God."

For the first time in 64 years, a tornado tore through a Suffolk County community, leaving in its destructive, 2-mile path thousands of shaken residents who were grateful that it wasn't worse.

The EF-2 tornado reached wind gusts of 120 miles per hour when it struck Revere at 9:32 a.m., ripping roofs from homes, plucking trees from the ground, downing power lines and overturning at least one vehicle.

No major injuries or fatalities were reported.

Revere declared a local state of emergency following the storm, and state emergency response officials were still assessing damage as of press time Monday.

Kelly McLaughlin, 49, said she was in her Carlton Street home when suddenly she heard what sounded like a

Local impact

Thirteen structures were left uninhabitable, including homes and some businesses. In some cases, the roofs were ripped from the buildings.

- About 2,800 residents were without power as of the afternoon, according to Revere Mayor Dan Rizzo. State Fire Marshall Stephen

Coan said all downed electrical wires should be considered live, and should be reported.

- A shelter was set up at the Rumney Marsh Academy.
- It was too early Monday afternoon to put a price tag on the damage, Rizzo said.



Visit **Metro.us** to view a slideshow and read complete coverage of the destruction.

cement truck outside her window.

"I opened the curtains to see everything outside was going around in circles — trees were flying off like they were just little sticks," said McLaughlin.

lin, who has lived in her home for 10 years.

McLaughlin and her daughter took shelter in the basement until the whirlwind came to an end — about four minutes later.

"At least no one was hurt, that's a blessing," said McLaughlin.

Carolina Morales, 47, who lives on Ambrose Street, said she was panicked when the tornado shook her house, and scrambled to remove her 80-year-old mother from the shower.

"It was horrible. It was so scary," said Morales, in tears.

She was able to take shelter with her elderly parents and

her 17-year-old son in the family's basement, but when she emerged she was met with a devastating sight.

"I can't stay at my house. I don't know where I'll go. I can't move my car because of all the trees on the street," she said.

Tornadoes are rare in Massachusetts, although an outbreak of storms in June 2011 badly damaged downtown Springfield, killing three people.

Revere Mayor Dan Rizzo said at a 4:30 p.m. press conference that 13 structures were declared uninhabitable due to severe damage. About 2,800 residents were without power, though the majority of outages were expected to be fixed by midnight.

Gov. Deval Patrick said the extent and cost of the destruction was still being assessed.

"To see the damage right down this very corridor from this storm is amazing ... and frankly it's a blessing that no one was hurt," he said.

Morales, though distraught, shared that sentiment.

"Listen," said Morales, "this is the time that you think about God."

Funnel facts

NWS stats on Revere's tornado

According to survey results from the National Weather Service, the EF-2 tornado reached a maximum wind speed of 120 miles per hour, and had a 2-mile path length and a 3/8-mile width.

To put the Revere tornado's classification in perspective, an EF-0 tornado has winds of 65-85 miles per hour, and an EF-5 has winds of at least 200 miles per hour.

The violent storm lasted four minutes — from 9:32 a.m. to 9:36 a.m.

It was the first instance of a confirmed tornado in Suffolk County since 1950, according to the NWS.

There was no official tornado warning issued before the storm. No major injuries or fatalities were reported.



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What's trending online at Metro.us

1 'Watch "Game of Thrones" actors say bad words in this blooper reel'

2 'PHOTOS: Here are the funniest photobombs of all time'

3 'VIDEO: Dog passes out from joy after it reunites with owner'

Convicted friend of accused bomber seeking new trial

Boston. Azamat Tazhayakov was found guilty of hiding evidence, but his lawyers disagree.

A friend of accused Boston Marathon bomber Dzhokhar Tsarnaev is seeking a new trial after a jury found him guilty of obstructing the investigation into the deadly terror attack.

In documents filed Monday, attorneys for Azamat Tazhayakov asked that a judge toss his July 21 conviction or grant him a new trial on the grounds that federal prosecutors did not prove beyond a reasonable doubt that the 20-year-old removed evidence linking Tsarnaev to the bombing.

Tazhayakov was accused along with another friend, Dias Kadyrbayev, of removing a backpack containing empty fireworks, a laptop and a hard drive from Tsarnaev's dorm room days after the attack.

The jury found him guilty after three days of deliberation.



MORGAN ROUSSEAU
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Tazhayakov's sentencing is scheduled for Oct. 16. / JANE FLAVELL COLLINS

A second chance?

Defense attorney Nicholas Wooldridge said in the court filing that "the weight of the evidence in this case is clearly against the verdict, as the government failed to prove each element of every count beyond a

reasonable doubt."

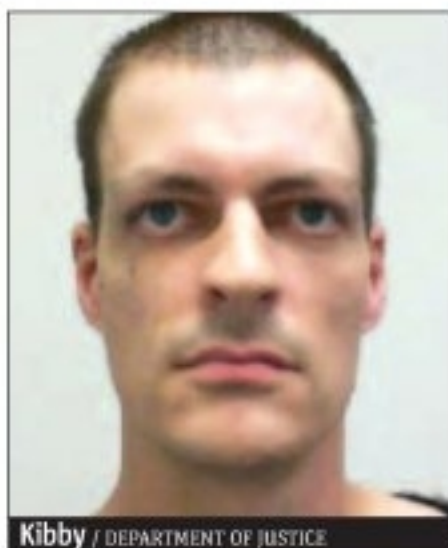
- Tazhayakov faces a maximum 20-year prison sentence on the obstruction of justice charge and up to five years in prison on the conspiracy charge.

New Hampshire. Man faces charges in Abigail Hernandez disappearance

A 34-year-old man will appear in court today on charges relating to his alleged involvement in the case of a New Hampshire teen who was missing for about nine months.

Nathaniel Kibby, of Gorham, New Hampshire, was charged with one count of kidnapping for confining Abigail Hernandez in Conway, New Hampshire, since last October, according to the New Hampshire attorney general's office. He was arrested Monday afternoon at his home.

"Over the course of the past week, law enforcement officers have worked around the clock to ascertain the facts and circumstances surrounding Abigail's disappearance



Kibby / DEPARTMENT OF JUSTICE

and return," authorities said in a statement. "Abigail Hernandez provided the police with details of her kidnapping sufficient to warrant [Monday's] arrest."

Hernandez went missing last October, when she was 14. Earlier this month, the girl, now 15, returned home. Authorities have been searching for answers since then.

The New Hampshire attorney general's office released pictures of the clothes Hernandez was wearing on the night she reappeared in the hope that someone would have seen her before then. They also released a sketch of the man they believe to have been involved.

On Monday, Hernandez's mother said in an interview with TODAY that her daughter wasn't pregnant and that she believes her daughter did not run away. **MICHAEL NAUGHTON**

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Top judge. Ralph Gants sworn-in as chief justice of state's highest court

Saying he is blessed to lead a court that is "unmatched in its open-mindedness," Ralph Gants was sworn-in Monday as the new chief justice of the state's Supreme Judicial Court.

Gants, 59, is the first Jewish chief justice of the state's highest court.

"I am blessed to be the chief justice of a Supreme Judicial Court that is unmatched in its open-mindedness, its commitment to do justice with mercy, and its diversity," Gants said in prepared remarks. "A court where two justices were nominated by a Republican governor and five by a Democrat, but where none of us can predict where each other will stand on an issue before we discuss the case, because we read the briefs and come to oral argument with a mind open to persuasion, listen respectfully to



the perspectives of the other justices and will change our minds when another justice has a better idea."

Gants, who was appointed to the court by Gov. Deval Patrick in 2009, takes over for former Chief Justice Roderick Ireland. Ireland stepped down on July 25 just before he reached the mandatory age limit of 70.

"Throughout his career, Justice Gants has demonstrated an abiding fidelity to the rule of law and the constitutional balance of civil rights and civil responsibilities," Patrick said.

On Thursday, Patrick will swear in Geraldine Hines as an associate justice. Hines, who has served on the state's appeals court since last year, will fill the associate justice role left vacant by Gants' elevation. She will become the SJC's first black female justice.

MICHAEL NAUGHTON

Local band makes Market Basket protest anthem



Monkey Knife Fight band members John Powell and Felipe Collazo, left, have put their own spin on "Rude" by Magic! / RYAN BENNETT

Lawrence. Members of the band Monkey Knife Fight made a song parody about the protest's impact.

As a lifelong Market Basket shopper, Felipe Collazo has, as he puts it, been inconvenienced by the ongoing protests that have resulted in empty shelves at his favorite grocery store.

Quoted

"It really does impact my community. Particularly, in my community, people depend on getting their affordable groceries at Market Basket." Collazo

So the former employee turned to music to help express his frustration.

The result: "Food (Market Basket Protest Anthem)," a parody of the song "Rude" by Magic! that has earned more than 80,000 views on YouTube in less than a week.

"I wanted it to be about the frustration of the customer. Not having that in my life is inconvenient," said Collazo, who has friends and family that work for Market Basket.

Collazo's bandmate John Powell plays guitar in the video. He said they've performed the song in stores and have had employees thank them.

Thousands of the chain's workers have held protests in recent weeks demanding the reinstatement of ousted CEO Arthur T. Demoulas.



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2014-15

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Crime

Boston man arrested for T masturbation

A Boston man was arrested Sunday for allegedly masturbating on a Green Line trolley three months ago.

Ronald Foster, 50, was taken into custody near Boylston Street Station and was arraigned Monday on a charge of open and gross lewdness.

Transit Police say on April 11, a woman reported that a man sat directly across from her on an inbound Green Line after

departing Haymarket Station. The man, who police identified as Foster, allegedly reached into his pants, exposed himself and masturbated.

Police released surveillance photos on April 28 in an effort to identify the suspect.

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25 Years of addiction - gone!

I was addicted to nicotine for over 25 years. I tried to quit many times on my own, but the addiction was stronger than me. I received the Anointing with the Oil and today it has no desire to go back to this addiction.

Dwanna McGee

Sunday July 6
Drop for Healing

12 years of debts

I had debts piling up for over 12 years, and to make things worse, I couldn't hold a steady job. I received the Anointing with the Oil and determined a financial blessing in my life. Today all my debts are paid, and I have the job I wanted that pays me more than the ones I lost.

Suzzane Sharidan

Sunday July 13
Drop for Finance

Anger was destroying me

I had anger bottled up inside of me against someone that had hurt me. I tried to put it behind me, but I couldn't. It got to the point of me wanting to kill them. I received the Anointing Oil and started to anoint my head, and prayed for myself. That's when I started to see things differently and I was able to forgive. Today I have nothing against them.

Andrew Dixon

Sunday July 20
Drop for Family

Sunday at 12:30pm 763 Dudley St, Dorchester - 617-265-9069

White House: US, Europe to issue new sanctions on Russia

Washington, D.C.

President Obama on Monday held a rare conference call with leaders from four other nations.

In a show of solidarity, President Barack Obama and European leaders agreed on Monday to impose a wider set of sanctions against Russia's financial, defense and energy sectors in the wake of a plane being shot down over Eastern Ukraine, a top Obama aide said.

The coordinated measures come as the United States warned of a Russian troop buildup along the border with



A pro-Russian separatist at a checkpoint / GETTY IMAGES

Ukraine and the shipment of new sophisticated weapons to pro-Russian separatists.

The new sanctions, which Obama and leaders of Germany, Britain, France and Italy discussed in a rare five-way conference call by video and phone, are aimed at increasing the pressure on Russian President Vladimir Putin.

Quoted

"We've seen convoys of tanks, multiple rocket launchers, artillery and armored vehicles. There's evidence it's preparing to deliver even more powerful multiple rocket launchers."

Blinken

"It's precisely because we've not yet seen a strategic turn from Putin that we believe it's absolutely essential to take additional measures, and that's what the Europeans and the United States intend to do this week," said Tony Blinken, a national security adviser to Obama.

REUTERS

Discount retailers

Dollar Tree to buy Family Dollar

Discount chain Dollar Tree will buy rival Family Dollar Stores for about \$8.5 billion, in a surprise deal that will help it fend off increasing competition from big-box retailers such as Wal-Mart.

Dollar stores have struggled in a weak economy as Wal-Mart and other retail chain chase penny-pinching consumers.

The deal will give Dollar Tree more than 13,000 stores across North America, vaulting the company ahead of Dollar General Corp. to become North America's biggest discount retailer, with more than \$18 billion in annual sales. **REUTERS**



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Study

Fist bumps much less germ than handshakes

Ditching handshakes in favor of more informal fist bumps could help cut down on the spread of bacteria and illnesses, according to a study released on Monday.

The study in the American Journal of Infection Control found that fist bumps, where two people briefly press the top of their fists together, transferred about 90 percent less bacteria than handshakes.

"People rarely think about the health implications of shaking hands," Dave Whitworth, a biologist at Aberystwyth University in the United Kingdom who co-authored the study, said in a statement. "If the general public could be encouraged to fist bump, there is genuine potential to reduce the spread of infectious diseases." **REUTERS**



Bespoke. Amazon offers 3-D printing to customize wares

Amazon.com will offer 3-D printing services that allow customers to customize and build earrings, bobblehead toys and other items from third-party sellers using a new personalization option on its website.

Most of the more than 200 items available on the company's new 3-D printed products store can be customized using a new feature that allows users to rotate and change the item they are viewing.

Before it is printed by one of Amazon's sellers, users can customize a product such as a bobblehead figure by changing its skin and eye color, hair style and outfit, Amazon said.

"The customization is something we're keenly interested in," said Petra Schindler-Carter, director for Amazon marketplace sales.

Amazon has expanded its marketplaces division to include new areas such as fine art and wine. It is part of Amazon's larger investment into new areas such as mobile services and original content that led to its larger-than-expected second-quarter loss.

REUTERS



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Making the stock market less scary

I've made millions of dollars trading stocks and teach my secrets to more than 5,000 students in 60-plus countries. I've found that many people are just scared of the stock market, so let me give you with some direction to make the markets less frightening. Here are three tips:

Cutting losses limits your risk

The threat of large losses is the No. 1 reason people are intimidated by investing in the stock market. Take that possibility out of the equation by admitting to yourself that you could be wrong about any stock in which you invest. It's perfectly fine to be wrong about the market,

Up: The stock market continues hitting new highs. Be warned: Markets don't go up forever, and August to October is a historically dangerous time.



Down: Amazon reported more losses, claiming they're investing to make customers' user experience better.



but it's not OK to be wrong, do nothing about it and hope for a comeback, inevitably suffering a big loss.

I've made millions of dollars, but I also lose roughly 30 percent of the time. How am I still rich? Because I cut my losses quickly, and my larger wins greatly outnumber my small losses.

Be a realist

Everyone loves the talking E*Trade baby in TV commercials, and brokers make the stock market seem like a fun and safe place to grow your nest egg. They won't tell you that even in bull markets, most stocks go down, 90 to 95 percent of traders lose consistently and that 70

percent of professional money managers fail to beat the most popular market indices year in year out.

Don't trust talking babies on TV; they're luring you into a sucker's game. You should know the odds are against you, and without diligent study and proper expectations, you set yourself up for disappointment.

Keep it simple

I've found that simple rules — such as buying small companies that break out to new highs when they have great earnings or when they announce they're working with much bigger companies and betting against blatant scams that have inflated

For exclusive commentary, visit Metro.us/blogs.

prices due to their having lured in suckers — are the most effective way to getting rich in the stock market.

There are many snake oil salesman who talk a big game but can't back up their track records. They exist just to intimidate you and make you feel like you need them and their gimmicks. Trust me, you don't.

Learn from successful traders and investors who enjoy teaching others and share tips freely on social media because we enjoy helping others succeed. No gimmicks, just full transparency: That's the future of finance.

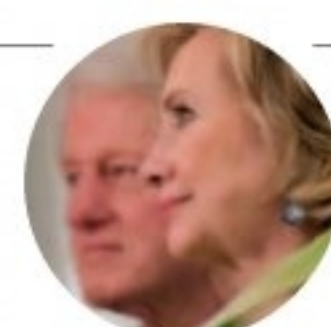
What we're into this week

The one upside from all these plane crashes is that airlines and pilots will work harder than ever to keep from being next. It's a great time to fly!

Impressionist Frank Caliendo reading LeBron James' Sports Illustrated article in Morgan Freeman's voice: Google it, it's an AMAZING video!



It's becoming common knowledge that the Clintons have raised \$1 billion in the past few years. I'm not into politics, but they are an impressive duo.



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GOSSIP

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So that was the reason Selena Gomez liked Justin Bieber all along?

Justin Bieber is apparently none too thrilled that on-again, off-again girlfriend Selena Gomez appears to be total BFFs with model Cara Delevingne, according to the Sun. "Justin has called Cara on more than one occasion, wanting to know what's going on. It's been clear that he's had a drink beforehand, too." I can understand Bieber's concern. Delevingne, you see, was most



recently dating actress Michelle Rodriguez, and while the same source accusing Bieber of drunken, paranoid phone calls claims the relationship between Delevingne and Gomez is clearly platonic, Gomez did date Bieber for a long time. And anyone who's seen the website Lesbians Who Look Like Justin Bieber knows where I'm going with this.



Cara Delevingne and Selena Gomez (with a mystery third wheel) have been spending a lot of time together. / ALL PHOTOS GETTY IMAGES

Talking points

50 candles for Sandra Bullock



SANDRA BULLOCK AND CHELSEA HANDLER ARE FRIENDS, APPARENTLY.

Sandra Bullock toasted her 50th birthday this weekend with a lavish trip to Jackson Hole, Wyoming, with Chelsea Handler and a group of other female friends, according to E! News. The group was spotted hitting the Million Dollar Cowboy Bar for a quick drink, though it didn't appear to be a rager. "There were probably six to 10 women in the group. It appeared to be a ladies night," a source says. "It was pretty low-key. They all had one drink and were all dressed casually."

Jay Z says Kimye is 'bad for business'

New details are leaking out as to why Jay Z and Beyonce sat out pal Kanye West's recent

wedding: Apparently they were too good for it. "Beyonce wasn't going to allow [Kim Kardashian, West's new bride] to socially climb her. They are guarding like hell their status," a source tells Page Six. "Jay didn't want Kanye with [the bride]. He thinks it's bad for business. I think Jay lost a little respect for Kanye there." Advantage: Jay and Beyonce.



Back in 2012, Beyonce, Jay Z and Kanye West were inseparable.

2

CULTURE

THE WORD

Ned Ehrbar takes on the world of gossip.



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Tuesday, July 29, 2014

BOOKS

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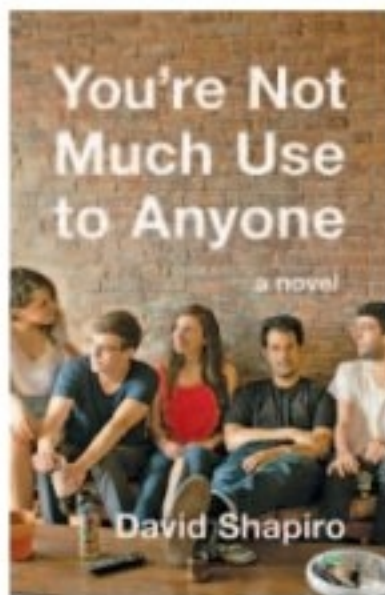
Art imitates life (almost) in David Shapiro's new novel

Almost too real.

"You're Not Much Use to Anyone" explores our obsession with online popularity.

Freaking out about success you've yet to attain, asking yourself if you should go to law school and determining your self-worth by the number of page views your blog gets are likely a big part of your 20s. David Shapiro has been there, done that and wrote the semi-autobiographical book about it.

"In terms of how true the book is, it's a really blown-up, exaggerated version of myself," Shapiro says. In the book, the narrator — David S. — is an insecure post-grad who becomes Internet-famous by starting a Tumblr reviewing the reviews of an indie music website. In



real life, the same thing happened to Shapiro when he started his Tumblr, Pitchfork Reviews Reviews. "I wish I didn't see the world like the narrator does, but I know that way of seeing the world will always be a part of me," he tries to

explain, adding that the parts of the book that are fictional mostly relate to the friends and timeline.

When talking with Shapiro, he does seem a lot like David S. He hasn't figured out how to stop caring about his online presence ("It feels like a rat race in a way. ... I would like to get out of it"), and he doesn't exactly exude confidence ("My publicist told me I had to be more confident about this book and my work because I'm trying to sell it. But I told her if I was more confident, I couldn't have written this book").

As if the title didn't give it away — the book shares its name with a Belle and Sebastian song — music is a huge part of the book, and Belle and Sebastian in particular. Shapiro says he listened to Belle and Sebastian exclusively while writing the book and still listens to them every day on the subway.

"Listening to Belle and Sebastian is like returning to the womb," he says. "There's a deep theme of feeling sorry for yourself and feeling inadequate. ... The [narrator] in the book is terrified of having to grow up, and I think Belle and Sebastian is a great salve on that emotional wound. ... It's like a security blanket. You know what I mean?"

Now 25, Shapiro is no longer the lost post-grad he was in this semi-autobiographical novel. After doing what many confused graduates do (law school) he seems to have figured everything out. "Incidentally, I love law school more than anything I have ever done," he says. "I feel like, wow, I'm in the right place. I found what I'm supposed to do."

EMILY LAURENCE
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In real life, Shapiro's quarter-life crisis seems to be over. / ROSTAM BATMANGLI

Quoted

"In terms of how true the book is, it's a really blown-up, exaggerated version of myself." Shapiro

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Competing your 'Face Off' on TV



"Face Off" airs tonight at 9 on Syfy. / ISABELLA VOSNIKOVA, SYFY

Interview. David O'Connell tells us what it's like to get cast and work among the best of the best in his field.

Last week was the premiere of Syfy's special effects makeup design competition "Face Off." Tonight, contestant David "Doc" O'Connell will be manning @FaceOffSyfy to live-tweet "Episode 2: American Gangster." We spoke with him about auditioning and what kind of challenges he likes best.

What made you want to try out for "Face Off"?

When the first season of the show was casting, my boss and mentor Michael Burnett told me I should give it a shot. At the time I was still relatively new to special effects makeup, so I thought I had no chance. I went anyway and managed to get a call back. I watched the first season and felt that I would be overwhelmed if I had made it, so I didn't try for Season 2. Then I found out one of my close friends [Nick "Nix" Herrera] was cast — that's when I realized it was a realistic goal.

How many auditions did it end up taking in total?

Season 1, 3, 4, 5 and 6. I was selected in the group of Top 20 for Season 4-6 but kept falling short of making the final cut to

14. I do believe I currently hold the record for most attempts before making it.

From any season, what's your favorite challenge?

It would have to be the original zombie challenge from Season 1. Conor McCulloch's work was fantastic, and who wouldn't want to go in front of guest judge Greg Nicotero, makeup supervisor and producer of "The Walking Dead"?

If you created a challenge, what would it be?

It would probably be to put a makeup onscreen. Besides the final challenges, most makeups are only judged at the reveal stage. I think it'd be pretty cool to design, create and shoot a makeup in three days. I don't think there's a better way to grasp a makeup than seeing it onscreen.

Do you have any pet projects at the moment?

I've got a few latex Halloween masks that will be for sale soon, and my side business is Chop Shop, where I've teamed up with designer Adam Milicevic. We produce masks and props for haunts and films.

What comes next for you?

Currently I'm a lead prosthetic makeup artist for Universal Orlando's Halloween Horror Nights 24, which will feature makeups from previous seasons of "Face Off." Then the sky is the limit!



T. MICHELLE MURPHY
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Q&A

What would you like to do as a dream job?

I'd love to work at one of the bigger FX shops, preferably in the mold department. Since the show I've spent a lot of time specifically working on that skill set. While challenging, I find mold making to be very rewarding. The better the molds, the better the final result.



JOHN CARPENTER
GETTY IMAGES

If you could work on any film, what would it be?

Ugh, such a hard choice! There are so many films I would love to have worked on. If I had to be forced to pick just one, it would probably be John Carpenter's "The Thing" under Rob Bottin. It's one of my favorite movies, and it's chock-full of makeup effects.

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TRAVEL 10

Glasgow, Scotland: Hey, hey, the gangs aren't here



This is the only kind of gang-related activity you're likely to see in Glasgow these days: a Gaelic dance to folk music. / PEOPLE MAKE GLASGOW

Scotland. The city has eradicated its more violent residents and is reaching out to artists.



Julius Caesar rules with a squirt gun at the Glasgow School of Art.
TOMMY ROWAN, METRO

Throughout much of Europe, Glasgow generally has been known for gang-related activity. But for every gang member this Scottish city pushes out, it attempts to replace he or she with a young artist.

Six years ago, the city started the Glasgow International art festival, which has been a big contributor to the city's revitalization.

Sarah McCrory, director of Glasgow International, which showcases local and international contemporary art, says the city is giving young people

resources to learn here and then stay here, such as giving the students empty, post-industrial buildings "for use and [to] make over."

The Glasgow International festival is held every other year: The next one will be in April 2016, so plan ahead. The festival is spread out in venues across the city, hosting discussions, performances and exhibitions.

The city's artistic engine is the Glasgow School of Art, where students surround themselves with classic and contemporary works as they learn within the school's iconic building designed by the city's most famous artist, Charles Rennie Mackintosh.

The city's architecture may be its most impressive draw, however. Along the "Style Mile," the twisting, stone-lined road lined with stores, the number of stores isn't as impressive as the buildings they occupy: The stone-castlelike structures stretch into the sky. And there weren't many vacant properties along the mile either, which means Glasgow seems to be succeeding in its mission to bring people in.



TOMMY ROWAN
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tommy.rowan@metro.us

Music



JIM REID OF THE JESUS AND MARY CHAIN / FILMMAGIC

Barrowland Ballroom

At this iconic Glasgow music venue known for raucous crowds and intimate shows, The Jesus and Mary Chain, one of the country's most successful exports, will play their definitive album "Psychocandy" in its entirety for two nights in November.

Art

Kelvingrove Art Gallery

This impressive building houses works by renowned artists such as Salvador Dali, Monet, Pissarro and Van Gogh.

Museums

The Riverside Museum of Transport

From ships to buses to train cars, the museum showcases vehicles from every generation and every mode of transportation.

And after all that

Rain, rain go away

Another generalization about Scotland that we found to be true: It can be a bit rainy and dreary. But as you'll hear locals say, "The bars are dry."

PLUS

Where to eat

For coffee
Central Market:
Serving size isn't even considered.

For fast food
Martha's Light Lunch:
Healthy fast food with a gourmet taste? Definitely!

For dinner and a show
The Arches:
An abandoned railway tunnel has been transformed into a music venue and restaurant.

For a fancy dinner
Cail Bruich:
Local Scottish dishes are prepared by a chef with a penchant for French spices.

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1 Getting out ice-pop stains

Ice-pops are the essential summer snack, but it's virtually impossible for a kid to eat one without it getting all over his or her face and dripping everywhere. "The best remedy for removing an ice-pop stain from upholstery or carpeting is to dampen the stained area with [a] dish-washing liquid solution," Johnson says. "Then, place a white terry-cloth towel over the solution and run over the towel with a hot iron. This will help transfer much of the stain to the towel."



Funny how kids just watch it drip everywhere.

Genius summer parenting hacks

During the summer, it seems harder than usual to keep the apartment clean and the kids entertained at the same time. Shortcuts that make those tasks easier can be life-changing. So we talked to mom and self-described clean freak Debra Johnson, an expert for the cleaning service Merry Maids, for tips on being the best parent ever without living in squalor.

EMILY LAURENCE

2 Cleaning up sand

Beach days with the kids are the best, but it also means you'll be finding sand everywhere for weeks afterward. "Have kids do a little dance on the door mat with bare feet before coming inside," Johnson recommends. "Four or five steps on the mat will transfer the sandy soil from their feet onto the mat instead of from their feet onto your floor."



3 Cleaning up glitter without getting it all over yourself

The glitter aftermath of a rainy day craft cleanup can be a nightmare. "Make DIY lint rollers with the kids so they can own the cleanup responsibility," she advises. "Help them create a loop of tape that fits loosely around their fingers or hands so they can tap the sparkly surfaces and capture any glitter that got left behind."

4 Preventing slips and falls

After a day at the pool, kids are bound to get their little wet footprints all over the floor and leave soggy towels and toys wherever they feel like it. To prevent slippery falls, Johnson recommends setting up a towel tree in the bathroom where kids can hang swimsuits and towels to dry completely. Not only does it keep everyone safe, it keeps the apartment clean, too.

5 Winning the sticky battle

Between juice boxes, melting sugary snacks and who knows what else, summer is a sticky mess. To keep your counters clean, Johnson says to make it a team effort with your kids. "Teach them to wipe up spills as soon as they happen. Work together by having one person rub the juice stain with an ice cube while the other pats the area dry," she says.

Go out. Get moving.
Have fun together.

Find fun things to do in your neighborhood at
KohlsHealthyFamilyFun.org



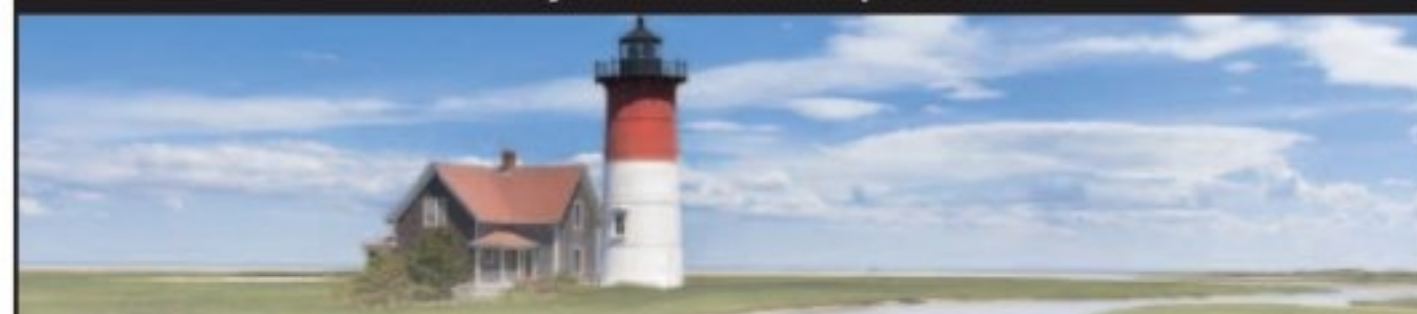
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Horoscope

♈ Leo | July 23-Aug. 22.

Favorable financial deals are imminent. Your talents are in demand, and you will make some positive connections that will lead to new ideas.

♍ Virgo | Aug. 23-Sept. 22.

Stop spinning your wheels and make a move. Take stock of your current position, and consider where you want to be. You need a change, but only you can make that happen.

♎ Libra | Sept. 23-Oct. 22.

Your rivals may want to adopt your ideas. Be secretive about your projects. The less they know about your plans, the greater your advantage.

♏ Scorpio | Oct. 23-Nov. 21.

Love is in the air. If you are in a committed relationship, find a way to show how much you care. If you are single, this is a great day to meet someone.

♐ Sagittarius | Nov. 22-Dec. 21.

A workplace situation will be unnerving. Keep your emotions under control, and be professional and more accepting of those around you. In the end, the changes made will benefit you.

♑ Capricorn | Dec. 22-Jan. 20.

No one expects you to know everything. Reach out to people with more experience in areas that interest you. The more you learn, the more perceptive you will become.

♒ Aquarius | Jan. 21-Feb. 18.

Invest in your talents. Financial rewards are one thing, but you must be able to make money without selling your soul. Your knack for spotting trends is likely to improve your cash flow.

♓ Pisces | Feb. 19-March 20.

Don't let people walk all over you. If you are not feeling fulfilled in your current situation, consider moving on. Constant frustration is not healthy.

♈ Aries | March 21-April 20.

You will meet a potential business partner today. The time is right to look into a new field or position. Check out local job websites for inspiration.

♉ Taurus | April 21-May 21.

Time spent with your family will increase substantially if you are able to turn a hobby into a lucrative business. Consider which market will best highlight your skills.

♊ Gemini | May 22-June 20.

Someone around you is likely to be argumentative. Stay out of the line of fire. Do some gardening or another outdoor activity until things calm down.

♋ Cancer | June 21-July 22.

By attending a career workshop you are likely to meet up with someone who will help you develop your ideas. This is a valuable tool for improving your job prospects. **BERNICE BEDE OSOL**

Letters

No one really wants taxes to be raised

Re: 'A state reliant on its cars' (Metro, July 28) Where do you guys take these polls where almost 50 percent of poll-takers want their taxes raised for better transportation? The very thought of having our taxes raised for anything is crazy, with all the EBT fraud and government corruption. If 50 percent actually want their taxes raised, than I want out of this state. Either your poll

is a fraud or 50 percent of our citizens are very uninformed and foolish.

PETE AUSTIN, VIA EMAIL

Past laws never kind to immigrants

Re: 'Immigrate as in times past' (Metro, July 28) I beg to differ with the writer of the letter to the editor on the issue of immigration, as if it began during the time of Ellis Island. The first laws dealing

with immigration was the Immigration and Naturalization Act of 1779, which states, "any non-indentured white person can become a citizen if they stayed in this country for a year." After the Civil War, there was an influx of Asians, especially Chinese, who were brought over in order to work on the railroads. There was the Asian Exclusion Act 1875 and the Chinese Exclusion Act of 1882, which was to stop all immigration of Asian and Chinese into the U.S. — this act was repealed by the Magnuson Act of 1943. Then there was the Immigration Restriction

Act of 1921 and the Emergency Quota Act of 1924 which was to limit Immigration of present immigrant communities first to 3 percent of the existing population to 2 percent of the existing population. These laws were to restrict the immigration of Southern and Eastern Europeans and Jews, while prohibiting immigration of Arabs, Eastern Asians and Indians.

KRISTIANNA THOMAS, VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Sudoku: Easy and hard

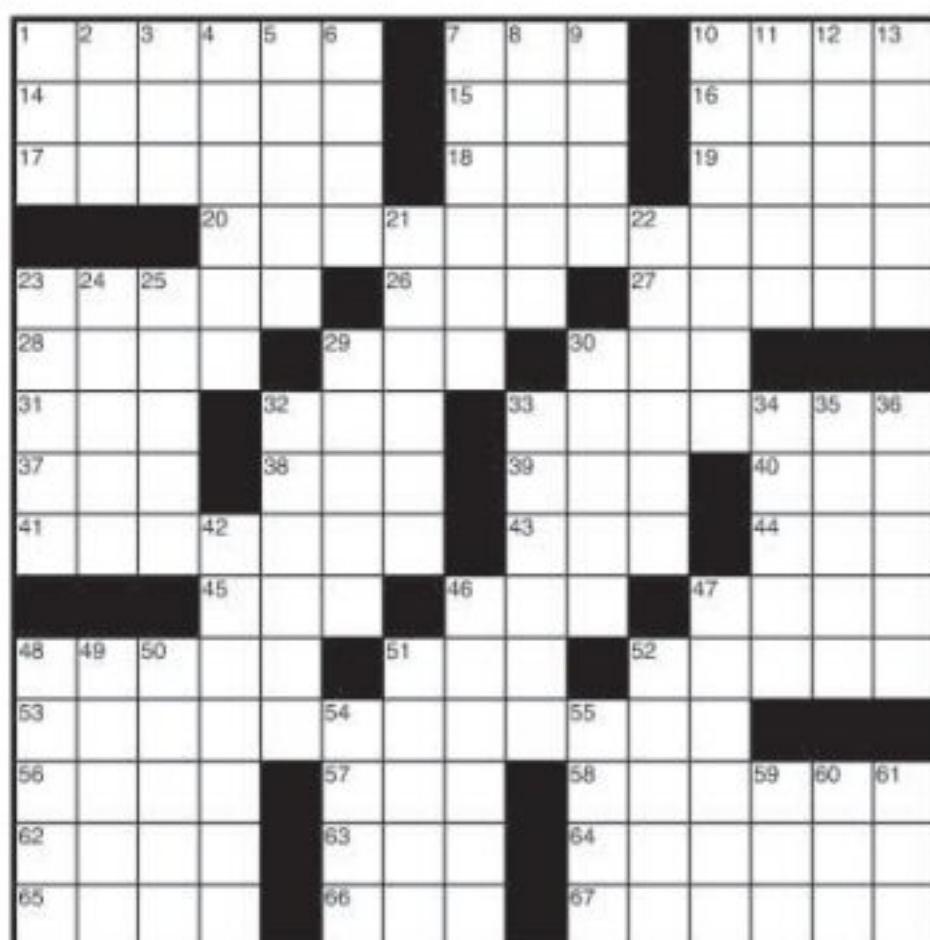
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			4	8				7
7					1	9	4	2
6		4						5

6				9	1	8		
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		9	7		8			
				3		5		2
	6	8				1	3	
3		5		6				
			4		5	7		
	5				6	2		
		2	9	1				5

How to play

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword

**Across**

- 1 Bizet opera
- 7 Kindergarten trio
- 10 Deli loaves
- 14 "Becket" actor
- 15 Swed. neighbor
- 16 Roof edge
- 17 Takes care of (2 wds.)
- 18 Gonzalez's gold
- 19 After which
- 20 Doohickeys
- 23 Squeal (2 wds.)
- 26 Honeycomb
- 27 Put pen to paper
- 28 Sufficient, in verse
- 29 Tie up the phone
- 30 Embroider, maybe
- 31 With-it
- 32 Playing card
- 33 Aware
- 37 Org. for doctors
- 38 Scrap of cloth
- 39 "— been robbed!"
- 40 Literary collection
- 41 Rummage sales
- 43 Escorted

Down

- 44 DVD predecessor
- 45 KOA visitors
- 46 Caesar's man
- 47 11th president
- 48 Reflection
- 51 Command to a mule
- 52 Buenos —
- 53 Nonverbal communication 2 wds.)
- 56 Kind of food
- 57 Mattress problem
- 58 Obedient
- 62 Paul Drake's creator
- 63 Air-pump meas.
- 64 Stadiums
- 65 Earns as profit
- 66 Haggard novel
- 67 Navy goat, e.g.
- 3 Fish-to-be
- 4 Kremlin locale
- 5 John of "Crocodile Rock"
- 6 Vegas sight
- 7 Hooded pullover
- 8 Water softener
- 9 Bumper —
- 10 Turned in
- 11 Google rival
- 12 Occasion
- 13 Hear or smell
- 21 Nasal accents
- 22 Grew like ivy
- 23 Fix up
- 24 Jung's inner self
- 25 Gold-orange gem
- 29 Birthday count
- 30 Iron-rich meat
- 32 Really go places
- 33 Environment
- 34 Prefer
- 35 Mom's brother
- 36 Carefree sprints
- 42 Sporty socks
- 46 Carrot or spud

Visit us online at **Metro.us**.

Use your smartphone to find today's crossword answers! Download and open the Blippar app on your smartphone and hold the screen over the puzzle.

Yesterday's answer

- 47 Fragments
- 48 Peer Gynt creator
- 49 Roger or Dudley
- 50 Teen bane
- 51 Grind one's teeth
- 52 Mall for Plato
- 54 Deadly snakes
- 55 — Clayton Powell, Jr.
- 59 Business abbr.
- 60 Mekong native
- 61 "C"— la vie!

Lester the big fish on trade market



Red Sox GM Ben Cherington, top right, has a large decision to make this week on the future of star pitcher Jon Lester. / GETTY IMAGES

MLB. A Jon Lester swap suddenly feels like a real possibility as the MLB trade deadline approaches.

Jon Lester made headlines this past weekend by hinting that a relatively bizarre scenario — one in which he would be traded to a contender before Thursday's trade deadline but ultimately re-sign with the Red Sox in the offseason — could ultimately take place.

"Yeah, why not?" Lester told Comcast's Sean McAdam. "I mean, [Boston] is what I know, this is what I love. Like I've said plenty of times, this is where I want to be. And if they trade me, I completely understand. No hard feelings."

Lester is arguably the top starting pitcher in baseball currently on the trading block as he owns a 10-7 record, a 2.52 ERA and a 1.12 WHIP in 2014. Winning 10 games on

a team that has just 48 wins is no small feat. But potential playoff teams are no doubt salivating over Lester's superb postseason history first and foremost. Lester has a sparkling 2.11 ERA in the playoffs, having played in eight different postseason series with the Sox. He would be the ultimate rent-a-player.

But once Lester is traded away, it will likely be quite difficult to lure him back to Boston in free agency. The lefty was lowballed by the Sox in spring training with a four-year, \$70 million offer, and contract negotiations have



Visit **Metro.us** to see what ESPN's Stephen A. Smith had to apologize for on-air.

Quoted

"I mean, [Boston] is what I know, this is what I love. Like I've said plenty of times, this is where I want to be. And if they trade me, I completely understand. No hard feelings."

Red Sox starter Jon Lester, to Comcast's Sean McAdam on the possibility of being traded

sputtered and stalled since the perceived "slap in the face" by Boston management.

It's hard to imagine Lester saying "all is well" this November when in one calendar year the Red Sox would have offered up a weak contract and traded him. It's far more likely Lester becomes comfortable with his new surroundings (wherever that may be), fresh off a potential October run, or goes to the top bidder on the free agent market. It's unlikely that the Sox would get into any kind of mega-dollar bidding war now, after they've proven that they're capable of winning a World Series by using a patchwork approach.

A week ago, the possibility that Lester would be traded

Movers, shakers

The last time the Red Sox traded a player with Jon Lester's star power at the non-waiver deadline was in 2008.

- The Sox dealt away Manny Ramirez in a three-way deal with the Dodgers and Pirates. Boston landed Jason Bay in the deal.



MANNY RAMIREZ
GETTY IMAGES

Young Love



KEVIN LOVE
GETTY IMAGES

Wolves eye Love replacement

Most believe Kevin Love will be traded before the end of this NBA offseason. The Timberwolves are now prepping accordingly, according to ESPN.com.

Minnesota has "expressed interest" in Sixers power forward Thaddeus Young as a potential replacement for Love, sources told the website.

The report also said that the Timberwolves are continuing to discuss trade possibilities that would ship Love to the Cavaliers, which would place him alongside LeBron James and instantly make Cleveland the favorite to win the Eastern Conference. **METRO**

3

SPORTS

By the numbers

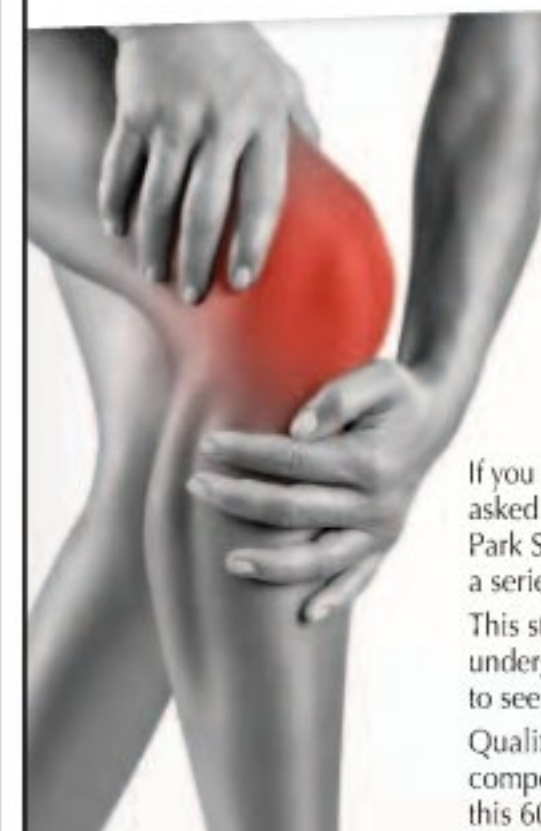
2.52

Red Sox starter Jon Lester has an ERA of 2.52 this season, with 10 wins despite the team having just 48 total on the season. Lester has racked up at least 15 wins each year in five of his last six MLB seasons. His top season in terms of wins came in 2010 when he won 19 games. He had a 3.25 ERA that season.

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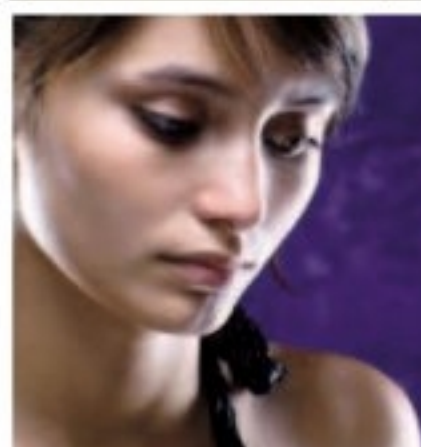
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Project CAMI 2
Principal Investigator: Dr. Christina Lee
Northeastern University
Bouvé College of Health Sciences

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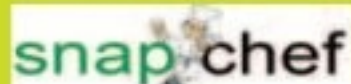
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